

THE POSITIVE POWER OF BEING NEUTRAL© EWBP April 2006 Newsletter

"Shifting into neutral for full power" is an example of what is true for us energetically being the opposite of what is commonly believed. When we drive a vehicle, we know to shift out of neutral into "1st gear" or "Drive" to go forward with power. The paradox in relation to our personal energy is that we need to be neutral to be more powerful!

WHY IS GETTING TO "NEUTRAL" IMPORTANT TO HOW WE GAIN AND USE OUR ENERGY?

When we are NOT neutral we are:

- reacting to people and events,
- getting upset, worrying, being anxious, depressed,
- letting our strong emotions, hurt feelings, and fears control our behavior,
- getting agitated and blaming others and ourselves,
- using up our energy and getting exhausted from our reactions,
- creating drama, and, thus, are
- building a foundation for and creating our symptoms!

HOW MIGHT THESE STRONG EMOTIONS AND REACTIONS CREATE OUR SYMPTOMS?

For example, when we feel that people or circumstances are a "pain in the neck", we most likely will experience a pain in our neck! When we feel that the situations we are in are a "pain in the butt", we most likely will have pain in other locations!

When we are anxious and worried about finances, we most likely will have pain in our lower back!

WHAT IS HAPPENING INSIDE US WHEN WE ARE NEUTRAL?

When we are neutral we stay objective, are able to understand the people and the situation, are more open minded and balanced. We are unbiased and impartial.

We are not reacting to what a person, a group, an organization, a government, or a country...thinks, says or does, or does not think say or do!

DOES THIS MEAN WE HAVE NO FEELINGS OR CONNECTION?

It is quite the opposite – we are more free to feel, to love, to support, and to act with full energy and commitment! We're not holding ourselves back – we're connected to our passion instead of to our energy blocks!

GETTING TO NEUTRAL IS A WAY OF:

- eliminating roots of our symptoms,
- preventing our symptoms from coming back,
- preventing the creation of more roots and symptoms, and
- helping to keep us in a calm, balanced and creative place!

It is an important way for us to regain and stay in our natural state of Health, Wellness, and Vitality!

Neutral – a state of mind.

Neutral – your ticket to peace.

Neutrality, a great place to visit and a better place to live.

Get Neutral or ELSE..... get Symptoms!